

# Empowering Independence Through Comprehensive Community Support Services (CCSS)



## Background:

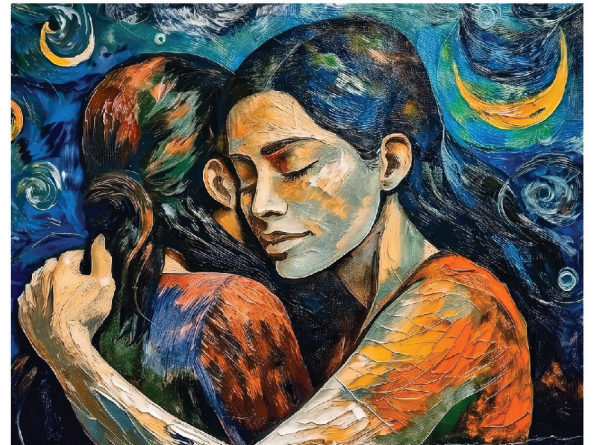
Client A may come to Colibri Integrative Therapy having experienced significant trauma, along with symptoms of anxiety and depression. They might struggle to maintain employment and manage daily responsibilities due to overwhelming stress.

## Challenges:

Limited support network, financial instability, and difficulty accessing community resources could be major barriers.

## Initial Assessment:

When enrolling in Colibri Integrative Therapy's Comprehensive Community Support Services (CCSS) program, Client A could seek help managing anxiety, improving communication, and creating more stability in daily life. During the initial assessment, our team would likely identify the 5 key areas of support, such as emotional regulation, employment readiness, and social connection, skill development, community engagement and daily living skills.



## Potential Outcomes:

**Increased Confidence:** Client A will likely develop tools to manage stress and anxiety more effectively in daily life.

**Employment Success:** They could secure supportive employment, improving financial stability and self-esteem.

**Stronger Support Network:** Through community engagement, Client A may build meaningful relationships that offer both emotional and practical support.

**Long-Term Growth:** With ongoing CCSS support, they will have the opportunity to grow in independence and purpose.

## Conclusion:

Client A's example highlights how CCSS can help create long-term positive change. By providing real-world, community-based support, Colibri Integrative Therapy helps individuals bridge the gap between therapy and everyday life—empowering them to achieve resilience, connection, and well-being.

